

School Days

*"The difference between school and life?
In school, you're taught a lesson and then
given a test. In life, you're given a test
that teaches you a lesson."*

Tom Bodett

An Apple for the Teacher

According to aboutapple.com, the juicy fruit is a traditional present for teachers in the United States, Denmark, and Sweden. Some think the practice originated as a simple gift of food for poorly paid teachers. Others believe the good health associated with apples made the present particularly meaningful.

In other words, apples started to represent teachers and education.

They represent the relationship between the teacher and the student, they still give apples sometimes.



Apple Candy Bar Salad

This creamy, sweet salad with crisp apple crunch is a real people-pleaser. It makes a lot, which is good, because it will go fast!

Ingredients

- 1½ cups cold 2% milk
- 1 package (3.4 ounces) instant vanilla pudding mix
- 1 carton (8 ounces) frozen whipped topping, thawed
- 4 large apples, chopped (about 6 cups)
- 4 Snickers candy bars (2.07 ounces each), cut into 1/2-inch pieces

Directions

In a large bowl, whisk milk and pudding mix for 2 minutes. Let stand for 2 minutes or until soft-set. Fold in whipped topping. Fold in apples and candy bars. Refrigerate until serving.

Nutritional Information

¾ cup equals 218 calories, 9 g fat (6 g saturated fat), 6 mg cholesterol, 174 mg sodium, 31 g carbohydrate, 2 g fiber, 3 g protein



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O N Y W C B S E S S A L C S B L R L
M I O B R N A Z X G A B L O O H C S
E S N L E I E H I F L M T U D Z O C
J H S A B O T I P R A M M A R G R E
V U A C R X V I C L K J E W S E N S
M F F K E T S S N S A X F P P G C T
R N W B H Y W A L G E B R A L F Q I
E O C O C C H B Z X X Y P I Y S Y H
A T P A A L W P A Y S C S R R M Q G
D E K R E I E M A H J H B O O H T W
I B L D T C S B H R E Y S Y T T S R
N O A D O N F I T W G S J A S V U L
G O H C N E R F A T I O S G I M W T
L K C V E P U M M C P N E U H A K V
F W S B A T G S S U H J M G D M Z M
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